

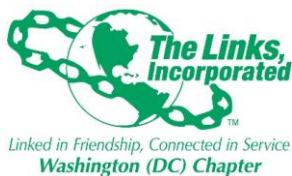


# Family Caregivers Forum

**Saturday, April 18, 2015**

**9:00 a.m. to 3:00 p.m.**

**Providence Hospital, St. Catherine's Hall  
1150 Varnum Street, NE • Washington, DC 20017**



**Hosted by:  
The Washington, DC Chapter  
The Links, Incorporated**

*Join us* and support caregivers of adults, children, and our veterans.

*What to expect:*  
relaxation techniques and therapies, free health screenings, a veteran/caregiver appreciation ceremony, informative presenters, and exhibits.

*Who should attend?*  
Women Veterans, Caregivers, Healthcare Providers.

## Program:

- Panel on Caregivers Issues and Resources
- Medal pinning and recognition of women veterans and appreciation ceremony for caregivers - **Larry Robert**, M.Div., Veteran Liaison, VITAS Healthcare
- Mindfulness Presentation  
**Dr. Dawn Bazarko**, DNP, MPH, RN, FAAN Certified Mindfulness Facilitator  
*Mindfulness Be Here Now™: Living and Working Mindfully*
- Lunch
- Health Screenings, Relaxation Techniques, Exhibits, and Massages
- Closing Ceremony

